



**DANDELION MIDWIFERY**  
**MICHELE BUCHMANN BA RM**  
**(250) 590.7770 TEL**  
**(250) 590.7774 FAX**

## **When to Contact your Midwife**

For all **NON-URGENT** concerns, please leave a message at the office **250.590.7770**

For all **URGENT** concerns **DO NOT GO TO THE HOSPITAL**, please contact the midwife on call:

Phone the office and the message will say who is on call

**MICHELE**

**250.588.1394**

### **You need to contact the midwife on call without delay if you experience any of the following;**

- Vaginal bleeding
- Abdominal pain
- Fever of 38 C or greater (not easily reduced without the use of medication)
- Leaking or sudden gush of fluid from the vagina
- Persistent nausea and vomiting
- Severe persistent headache, visual disturbance and/ or dizziness
- Notable decrease in or the absence of fetal movements
- Pain, burning or urgency with urination (or other signs of a UTI or kidney pain)
- Signs of labour or suspected signs of labour prior to 37 weeks, such as menstrual-like cramps, low dull backache (often also menstrual like), marked increase in vaginal discharge, abdominal pain or contractions
- Pain, redness or swelling in one or both legs
- With anything that you are seriously worried/ concerned about
- And of course, when you go into labour at term (37 to 42 weeks)...& you are experiencing regular, consistent & increasingly painful contractions and you are ready to speak with a midwife